

Southern OBGYN

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Leep of the cervix is the removal of the outside portion of the cervix which contains the abnormal cells. It is done using an electrosurgical wire loop under local anesthesia with generally minimal pain, discomfort, or bleeding.

Pre- operative instructions for LEEP procedure

- Eat a light meal the night before surgery, nothing too heavy or too late
- Do not eat or drink anything after midnight on the day of surgery.

Day of the procedure

- All jewelry, including body piercings, must be removed prior to surgery. Leave all jewelry at home.
- Wear loose and comfortable clothing.
- Please arrive on time. Every effort is made to ensure your surgery begins at the scheduled time; however, your surgery may be delayed as a result of a hospital emergency or because of commonly encountered variations in the length of certain procedures due to unanticipated findings.
- All patients are required to have an escort home after surgery.
- You should have an adult stay with you for 12-24 hours following your surgery.

Post operative instructions for most gynecologic surgeries

- You may have some discomfort (mild cramping) for several hours after the LEEP.
- You may have some heavy bleeding right after the procedure. Please contact the office if you soak a Pad in ½ hour or more. A brownish-black discharge for the first week is normal.
- Do not drive until you can do so without discomfort and without using pain medicine. This can take from 3 to 7 days.
- You may shower and wash your hair. Tub bath after 1 week.
- No intercourse, douching, or tampons for at least 2 weeks..

- If you experience bleeding heavier than a period, call the office.
- You may eat and drink as tolerated. Go easy at first, with clear liquids, soup or broth, and crackers, before progressing to solids.
- Increase fiber and fluids if you get constipated. If needed, a stool softener (Surfak, Colace, or a generic equivalent) maybe purchased and taken by mouth as directed. It is common for narcotic pain medicines to cause constipation. If no bowel movement has occurred for 2-3 days, you may use Miralax, Milk of Magnesia, or Senokot. Do not use Correctol or Ex-Lax.
- Always wipe perineal area from front to back after going to the bathroom.

Precautions

- Contact the office if you experience fever of 100.4 or higher, chills, vomiting, pain unrelieved by using pain pills, vaginal bleeding heavier than a period, or foul-smelling discharge.
- Contact the office if you experience any urinary frequency, urgency, or burning that doesn't respond to increasing fluids, cranberry juice, and nonprescription bladder medicine such as AZO.
- Contact the office if you have any chest pain, shortness of breath, pain in the calves or legs, or redness, drainage, or separation of the incisions.

Your post op appointment has been scheduled on _____@_____